

When Robert Garrow's murders, manhunt terrified the Adks.

By Mark Frost
Chronicle Editor

Jim Tracy, a Fort Edward native who spent 10 years as a reporter for *The Post-Star*, has written a new book: **Sworn to Silence: The Truth Behind Robert Garrow and the Missing Bodies Case.**

New book is a strong telling

Garrow's Adirondack rampage in the summer of 1973 in which he stabbed four people to death including a woman he abducted, raped and whose body he hid,



and then eluded an all-out manhunt for 12 days, terrified the public and consumed the police.

I read the 350-page paperback in a single day. Tracy, whom I don't know, has a reporter's eye for detail. The book moves right along. It has some fresh angles.

He interviewed at length two major participants in the saga. One was now deceased New York State Police Senior Investigator **Henry McCabe**, who was based in South Glens Falls. The other was **Frank Armani**, now 83, Garrow's defense attorney, who

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Islands of Lake George: Rush

Editor's note: This is the 25th anniversary of when the late Frank Leonbruno began writing — and *The Chronicle* began publishing — the chapters that would become his classic book *Lake George Reflections: Island History and Lore*. **This summer we are reprinting weekly chapters** with the permission of Frank's daughters Gail and Jane.

By Frank Leonbruno

Special to *The Chronicle*, from 1996

Rush Island is a state-owned island located near the west shore, at the entrance to Boon Bay in the town of Bolton.

Just how this island got its name is unknown. However, I believe that it may have come from the fact that rush — a grass which thrives in wet areas — was

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Says Sagamore is losing 'cordial community relationship'

Dear Editor

Several weeks ago, the *Chronicle* reported on a new policy at the Sagamore Hotel in Bolton Landing. This summer a parking fee of \$20 will be charged to anyone not registered as a guest at the hotel, staying in one of the condominiums or attending an event. It's hard to believe this mean-spirited management decision in the context of maintaining a cordial rela-

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Rock Hill Cafe reopens after 16-month halt ▶ 13



Photo provided

Solar farms 'a joke; minor contribution to electrical grid'

To the Editor:

In the big scheme of things, solar panels are a joke at providing a significant, reliable and cost effective contribution to the electrical grid.

Solar panels work only when the sun shines. Seems obvious. So no contribution at night and reduced output on overcast days. Reduced by how much? Solar panels on average generate about 25% of their name-

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