

Election Day is Tuesday, Nov. 4

Halloween weekend: Tons to do, throughout!

The Chronicle



Northern New York's Leading Newspaper • Down to earth and growing • Vol. 35, No. 1,560 • Oct. 30-Nov. 5, 2014

PRST STD
U.S. Postage Paid
Glens Falls, N.Y.
PERMIT NO. 150

Free
Circulation
28,500
© Copyright 2014 The Chronicle
Phone: 518-792-1126

Prime-Time
Seniors next week



Chronicle photo/Cathy DeDe

Dressed as Scorch!

The ill-fated mascot of the Adirondack Flames has been extinguished but not necessarily forgotten! For Saturday's Boo2You! fest in downtown Glens Falls **Lynessa Kilmartin** of Glens Falls wore this Scorch costume.



Fire destroyed building at Griffin Lumber

Two 13-year-old boys were charged with and admitted to arson, *The Post-Star* reported on Tuesday, in the aftermath of Sunday night's fire that destroyed a building and the lumber stored inside it at the The Griffin Building Materials complex on Pearl Street in Hudson Falls. **John Graham took this dramatic photo.**

Chronicle Book Fair is Sunday

Nearly 120 authors, book-sellers and not-for-profits will converge on the Queensbury Hotel this Sunday, Nov. 2, for the **19th annual Glens Falls Chronicle Book Fair.** It runs from 11 a.m. to 4 p.m. Admission is free, There are attractions geared to children as well as parents.

At the Queensbury Hotel, 11-4, Nov. 2. See pages 22-24 for details!

Golf great Dottie Pepper, Lake George Village Mayor Bob Blais, Adirondack photographer Carl Heilmann and *The Chronicle* itself will be there with books to sell.

Stacey Morris lost 185 pounds, changed her life

By Cathy DeDe
Chronicle Managing Editor

I've been aware of Stacey Morris for much of my career here in Glens Falls. She wrote calendar listings, arts and features for the *The Post-Star* before becoming a PR person for local arts groups, and now a Capital Region freelance writer and engaging blogger.

She was notable for several things: Enthusiastic writing, gorgeous pink lipstick and — well, she wasn't a small woman. At her heaviest she weighed 345 pounds. So, kudos to her for new

Publishes book, will talk at our Book Fair



book — and especially for the accomplishment it chronicles.

After a lifetime of binge dieting, food issues and living overweight with "zero self esteem," Ms. Morris changed her mind-set, her diet, her life. In the process she lost 185 pounds, and kept it off.

She grew up in Lake George and

Please turn to page 14



Chronicle photo/Cathy DeDe

Girl Scouts + Stewart's = Milk for Open Door

Chronicle Managing Editor Cathy DeDe writes: Girl Scout Troop 3333 from Queensbury has set up a program with the Stewart's Shop on the corner of Glen Street and Sherman Avenue in downtown Glens Falls to earn milk for the Open Door Soup

Kitchen on Lawrence Street. Troop member Sarah Kenny, age 11, called to tell *The Chronicle* that the shop will let patrons with milk cards donate to Open Door the milk credits they earn through the Stewart's milk card

Please turn to page 8

NURSERY & PERENNIALS
50-80% OFF!
GARDEN TIME
652 Quaker Rd., Queensbury • 793-8555

Your Destination for Kitchen & Bath Designs
Ball's Kitchens & Baths
Bernie Duval Co-Owner
287 Dix Ave., Qby
518-792-2490

Buying or Selling
call Julie Snyder
Licensed R.E. Salesperson
RealtyUSA.com
518-798-0032 ext 133
63 Quaker Rd., Queensbury

761-BLUE Every Day Rt. 9, Qby
LUNCH SPECIAL
1/2 Sandwich, Cup of Soup
\$6.99
Blue Moose
Tavern & Restaurant

COPIERS Keeping you connected
PRINTERS FAXES
COLOR
gfbm.net 793-7761

Romeo Agency, Inc.
(518) 745-0100
Hannatord Plaza
South Glens Falls
josephromeo@a-allstate.com
Allstate
© 2014 Allstate Insurance Co.

COLDWELL BANKER
PRIME PROPERTIES
Tony Tomasovic
Licensed Salesperson
"Buying or Selling — See the Investment Specialist!"
(518) 796-7337

now OPEN
Bowling Arcade
Indoor Playground
Laser Tag
lames & games
2211 Canada St., Lake George • 518-668-5741
www.lakegeorgebowl.com

Attorney Bill Montgomery
Now located at
130 Maple St.
Glens Falls • 798-6885
billmontgomerylaw.com

IT'S SCARY HOW MUCH YOU'LL SAVE!
SHOP TODAY AT...
Livingston's
Furniture & Mattress
Glens Falls • Corner of Dix Ave. & Quaker Rd.
793-2888 • www.livingstonsfurn.com