

1980 • Our 34th Year! • 2014

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**Next: Washington
County issue**

Y-Knot: Disabled sail Lake George

By David Cederstrom
Chronicle Staff Writer

Handicapped people at all levels of disability, including paralysis, can sail on Lake George through the Y-Knot Sailing program at YMCA Camp Chingachgook in Pilot Knob.

Even paralyzed can sail & race at Chingachgook camp

No sailing experience is necessary. "Companions" — skilled volunteers — go out with the

sailors in the program's six two-person Martin 16 sailboats.

Last year Chingachgook added a state-of-the-art dock complete with elevator and lift system.

Y-Knot, in its 19th year, draws as many as 20 participants per session. "We are looking for



David Whalen, being lifted into one of Y-Knot's Martin 16 sailboats, said, "I do enjoy it tremendously." The camp has just transformed itself...to allow people with serious disabilities to be able to enjoy the lake." Chronicle photos/David Cederstrom

more sailors," said Billy Rankin, Camp Chingachgook associate executive director.

David Whalen of Glenville said he's been sailing since he was badly injured in the 1980s. "I do

enjoy it tremendously," he said.

Mr. Whalen, past-president of the Y-Knot board of directors, said, "The camp has just transformed itself...to allow people

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Susan Shovah & her husband Ed own Country Meadows golf course in Fort Ann.

Chronicle photo/Gordon Woodworth

'Foot golf' arrives in Fort Ann

By Gordon Woodworth
Chronicle News Editor

Country Meadows Golf Course on Route 149 in Fort Ann is adding FootGolf in hopes of bringing in more young families.

"FootGolf is brand new to the area, and I think it should work, especially with Fort Ann being such a soccer town" said Ed Shovah, a retired corrections officer who owns Country Meadows with his wife Susan.

The game, a hybrid of golf and soccer, started in Europe. It was introduced in the U.S. in 2011, and Mr. Shovah said there are now 200 golf courses that offer FootGolf.

"We will be the first golf course in New York State to add Foot-

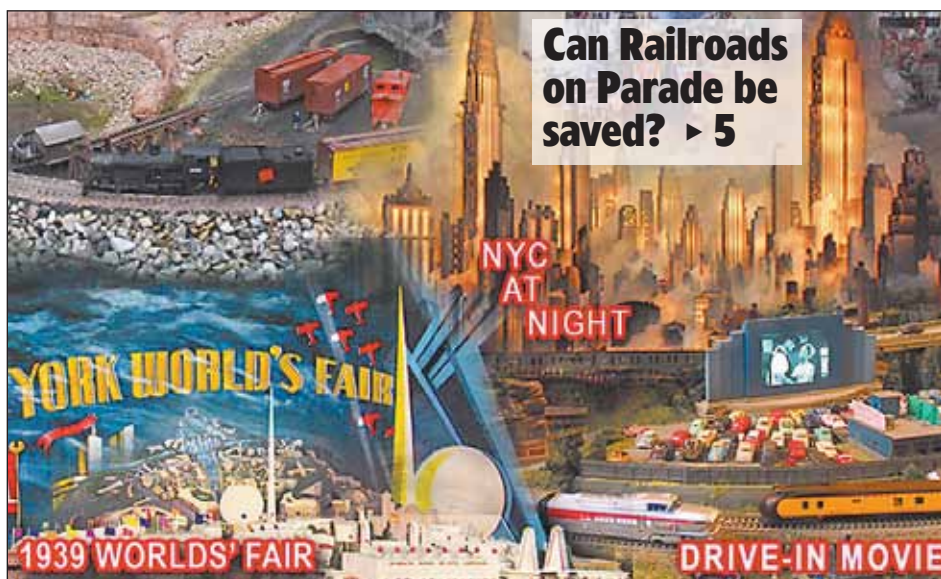
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Chronicle photo/Cathy DeDe

At 82, emerges as local acting star

Joyce Falkenbury ▶ 16



Can Railroads on Parade be saved? ▶ 5

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