



# Summer Home Issue!

Oscar's & Nuns: Chocolate Bacon Cheesecake ▶ 3

# The Chronicle

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**Next week:  
Health & Fitness!**



Kira & Max on the trail

## On trek in Himalayas

By Max Frost

Special to The Chronicle

**Editor's note:** Max Frost, the 19-year-old son of *Chronicle* publisher/editor Mark Frost and *Chronicle* Chief Operating Officer Sandra Hutchinson, is in Asia for eight weeks. He and his girlfriend Kira — both University of Virginia students — spent two weeks in India, now are in the midst of four weeks volunteering in Nepal and then will spend two weeks in China. We asked him to file dispatches.

**Max writes:** My last week has been spent trekking deep in the Annapurna Range of the Himalayas. Motivated by a friend's recommendation and a persuasive travel agent, Kira and I embarked on a 6-day trek from Nayapool (an hour car ride from Pokhara) to Annapurna Base Camp ("ABC"), a 60+ km round-

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## Bolton home, Glens Falls makeover



Redone kitchen at Lake George home by Shore-Haven Design of Glens Falls. Photos by PJN Photography

By Gordon Woodworth

Chronicle News Editor

Jason Henderson and Christina Kaidas, owners of Shore-Haven Kitchen Design in Glens Falls, just finished a luxury kitchen makeover in an 80-year-old log cabin on Lake George in Bolton.

"The owner wanted to update it," Ms. Kaidas said Monday. "The kitchen was part of an addition and it didn't flow with

the rest of the cabin the way she wanted it to. They said they love that it is a log cabin. They evoke a feeling, a traditional Americana emotion, and she wanted the kitchen to flow into that."

Much of the new kitchen came from local materials and local

artisans.

• Mottled purple slate with red accents from Sheldon Slate in Granville replaced the old wood flooring.

• Custom lighting fixtures were handcrafted by Mike Parwana and

Jeannette Brandt of Chicken

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**ShoreHaven Design updates log cabin's kitchen, emphasis on local sources**

## Stanley Cup spent July 3 at The Docksider on Glen Lake!

By Gordon Woodworth

Chronicle News Editor

The Docksider Restaurant on Glen Lake was the center of the hockey universe on Thursday, July 3, when Los Angeles Kings scout Joe Paterson brought the National Hockey League's Stanley Cup to a private party for family and friends at the Queensbury restaurant. Paterson, because of

**Party surprise, courtesy of Joe Paterson, who hefts Cup (right)**

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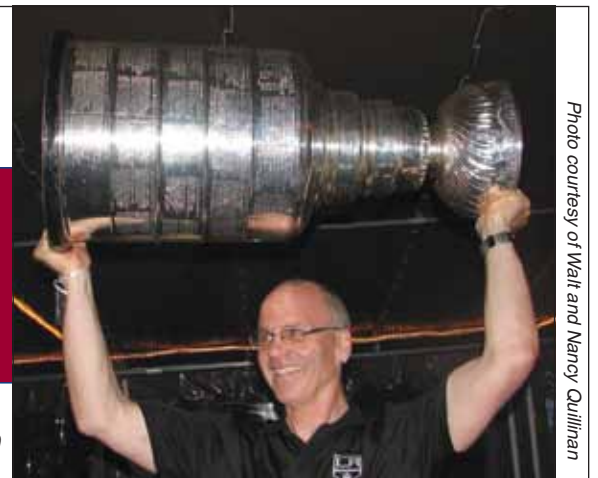


Photo courtesy of Walt and Nancy Quillman

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